

**Name of Programme**

Strengthening Families Programme

SFP is a DHC Hosted initiative.

**Address**

Lilac Villa, Gransha Site, Derry City, Northern Ireland, BT47 6TG

**Brief Description**

The Strengthening Families Programme operates and delivers across the Western Health & Social Care Trust Region. This programme has been designed to support families that have been identified as at "Risk Families". SFP is a 14 week evidenced based programme aimed at supporting families, building children, teen and parent's skills and improving the family ability to deal with negative situations.

**Contact Person & Details**

Emmett Lynch – 07403 05 05 07 or [emmett@derryhc.com](mailto:emmett@derryhc.com)

Leona Scott – 07403 05 05 07 or [leona@deryhc.com](mailto:leona@deryhc.com)

Andy Barrett – [andy@derryhc.com](mailto:andy@derryhc.com)

**SFP Sites:**

Derry City Council Area

Omagh District Area

Fermanagh County Wide.

**Site Provision:**

Free Transport

Free Catering

Accessibility Toilets

Free Wifi

Child Care Facilities (Free)

## Secure Car Parking

All sites have the ability to offer 6-12 & 12-16 years programmes ,this is pending in referral need in the area.

### **Frequency of Programmes:**

SFP in the WHSCT region delivers 6 – 7 SFP Programmes each year across Derry City , Omagh & Fermanagh. Each programme operates for a 14 week period.