Strengthening Families 2014

Strengthening Families, where can I start?

Your programme is healing our families and has opened our hearts.

As we arrived the first night not knowing what to expect, the first step was so simple, it was all about respect.

I cannot thank you enough for all you have done; the best part has been reuniting with my son.

There was 14 weeks that we had to complete,

What surprised me the most was the families we would meet.

Just like us they were searching for hope, we learned with our teens new skills to cope.

The parents began to trust one another and the teens became friends and shared their stories with each other.

Each week as good parents we learned how to heal ... all we heard from our teens *“how whopper was that meal”!*

So sincerely words cannot express what you’ve done.

As we leave you tonight, our new lives now have begun.

For all the staff, especially in the crèche,

I hope my children didn’t cause you too much stress!

So I leave it at that until next year,

My advice for new families... *“this programme works so let’s give a big cheer”!*

by Helena Ward (Parents of the Teens Group)